

TRABUCO HILLS HIGH SCHOOL

INSTRUMENTAL MUSIC PROGRAM

Brad Pollock
Director of Instrumental Music

27501 Mustang Run
Mission Viejo, CA 92691

(949) 768-1934
<http://thhsmusic.com>

June 28, 2021

Hello Instrumental Music Members and Families!

We hope you have had a great summer thus far. If you are a new member to the Instrumental Music Program, we wish to welcome you to our family. If you are a returning member, welcome back!

Included with this letter is a packet of essential information that we need you to print out, fill in, and bring to your first day of camp in July (Orchestra Summer Camp) and July (Rookie Band Camp and Band Camp for the Marching Unit). Registration will be open the first couple mornings prior to the start of these camps; be sure to bring your contributions (check or credit cards accepted; more information on this is available in the attached packet) and the following forms completed: Student Information Form, Parent Volunteer Form, Bingo Parent Volunteer Form, SVUSD Student Athletic Information Form and Clothing Order Form. Please note that all students are required to own at least one Trabuco Hills High School Instrumental Music blue polo shirt to wear at music-related events; I recommend purchasing two polo shirts for the members of the Marching Unit. Lastly, all members of the Marching Unit are required to complete a sports screening evaluation prior to the start of Rookie Band Camp / Band Camp, and the form is included in this packet.

This information and much, much more - including our calendar for all rehearsals and camp throughout the year - is also available on the Trabuco Hills High School Instrumental Music Program website at thhsmusic.com.

If you have any questions, please feel free to contact our booster President, Landon Hall at landon.hall@gmail.com OR any of your booster board members listed in the Boosters section of the website at <http://thhsmusic.com>.

Once again, welcome back - or for the first time - to the Trabuco Hills High School Instrumental Music Program. We look forward to working with you!

Sincerely,



Brad Pollock
Director of Instrumental Music
Trabuco Hills High School Instrumental Music Program
Bradley.Pollock@svusd.org
<http://thhsmusic.com>

**Thundering Mustangs Marching Unit * Color Guard * Percussion Ensemble * Jazz Ensembles
Symphony Orchestra * Electric Strings * Wind Ensemble * Symphonic Band * Pep Band**



TRABUCO HILLS HIGH SCHOOL
INSTRUMENTAL MUSIC
27501 Mustang Run, Mission Viejo, CA 92691
<http://thsmusic.com>
Tax ID #: 46-3970849

Dear Music Families and Students:

Welcome to another exciting year of the THHS Instrumental Music Program! Listed below are information and forms to be completed and returned for the 2021-2022 school year.

1. Band Camp & Orchestra Summer Camp Information – This sheet details dates and times of these camps and what to bring. Since there is no Jazz Camp, those musicians do not receive this form.
2. Student Information Form – Orchestra students, please bring this completed form to the **first day of Orchestra Summer Camp**. For members of the marching unit (band/drumline/guard), please bring this completed form to the **first day of (Rookie) Band Camp**. Jazz Ensemble and Wind Ensemble/Symphonic Band only members, please bring this completed form to class the **first week of school**.
3. SVUSD Athletic Information Form – Orchestra students, please bring this completed form to the **first day of Orchestra Summer Camp**. For members of the marching unit (band/drumline/guard), please bring this completed form to the **first day of (Rookie) Band Camp**. Jazz Ensemble members will be given this form in class at a later date. NOTE: **NO STUDENT WILL BE ALLOWED TO PARTICIPATE AT (ROOKIE) BAND CAMP OR ORCHESTRA SUMMER CAMP WITHOUT THE EMERGENCY CARD COMPLETED, SIGNED AND RETURNED!**
4. Pre-Participation Sports Screening Evaluation/Physical Examination Form – For members of the Marching Unit (band/drumline/guard), please bring the completed form to the first day of Rookie Band Camp. Orchestra / Jazz Ensemble / Wind Ensemble and Symphonic Band only students do not require this form.
5. Clothing Order Form – Students from all ensembles are required to wear blue THHS Instrumental Music polo shirts at all events when not in uniform. They cost \$28 each and checks can be made out to THHS Music Boosters. NOTE: The first football game at which marching band and color guard members may be performing is on Friday, August 27, 2021, blue polo shirts will be mandatory.
6. Marching Unit Picture Day Flyer – The Marching Unit will take a formal group photo on Wednesday, September 01, 2021. Individual photos will also be available. The photo order form will be passed out to students during the first week of school. This is for marching band and color guard members only.
7. Schedule of Ensembles Contribution & Costs – This sheet summarizes the costs to be a member of any ensemble within the Instrumental Music Program.
8. Bingo Program – This document describes each music family's expected and necessary commitment to Bingo, **our major fundraiser for all ensembles**. The funds raised help to defray costs for all ensembles including Symphony Orchestra, Jazz Ensembles, Symphonic Winds, Wind Ensemble, Percussion Ensemble, Color Guard and Thundering Mustangs Marching Unit. This fundraiser is not only vital to the financial health of the music boosters, but also to the quality of the music education and experience for each student in the Instrumental Music Program! *We anticipate this fundraiser coming back in January 2022.*

For updates and important information – and there is a lot! – We strongly recommend you do the following:

- Bookmark the music website at <http://thsmusic.com> and check it regularly
- Follow us on Social Media: Facebook (group #181587690977), Twitter (@thsmusic) and Instagram (thsmusic)
- Review the Music Handbook found in the Boosters Information section of the website

Should you have *any* questions, please don't hesitate to contact us. Please know that parental and family involvement is paramount to the success of this program, so get involved in as many opportunities as you can from chaperoning at football games and competitions, bringing and serving food, photographing and videoing events, fixing equipment, helping at bingo, etc. You will make many great friends, have a lot fun and be very much appreciated by your children. They may not always show it, but they are so pleased when their parents get involved.

We look forward to working with each of you!

Landon Hall
President
THHS Music Boosters
landon.hall@gmail.com / (949) 444-3223

Brad Pollock
Director of Instrumental Music
Trabuco Hills High School Instrumental Music Program
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COSTS

Marching Unit – Macy’s Thanksgiving Day Parade

\$2020 (approx)

* 6-day, 5-night trip in November 2021

ENSEMBLE CONTRIBUTIONS

Marching Band (Fall Semester)	\$750	Wind Ensemble Only (Full Year)	\$300*#
Color Guard (Fall Semester)	\$750*	Symphonic Band Only (Full Year)	\$300*#
Orchestra (Full Year)	\$300*	Winter Guard (Spring Semester)	\$650*
Jazz Ensemble (Full Year)	\$250*	Winter Drumline (Spring Semester)	\$650*

* Does not include uniform/concert attire costs for the semester/year

Wind Ensemble and Symphonic Band donations only for students not enrolled in Marching Band

**PLEASE SEE THE ATTACHED MATRIX FOR A SUMMARY
OF THE CONTRIBUTIONS AND COSTS FOR EACH ENSEMBLE**

The Saddleback Valley Unified School District is very proud of the extensive co-curricular programs offered at the comprehensive high schools. Through state funding, the District provides financial support for these programs, which may include stipends for one or more coach/advisor for each program, superb facilities, and general maintenance of the facilities. However, costs exceed limited state allocations, thus necessitating booster club support and requests for contributions from participants.

Participation in the Trabuco Hills High School Instrumental Music Boosters Organization is strictly voluntary, and no student will be denied the opportunity to participate in a SVUSD co-curricular activity because of a parent or guardian’s failure to participate in fundraising activities, failure to devote time or resources to the booster club, or failure to purchase uniforms, or other accessories or equipment. Parents or students who do not participate will not be publicly identified.

If additional funds to augment the program are not raised in the amount noted above, the school may find it necessary to scale back the program. We are strongly encouraging all parents to contribute to the program. Remember, your contributions may be tax deductible. Please consult with your accountant or tax advisor for specifics.

Additionally, parents and students may be asked to participate in fundraising activities throughout the year in an effort to provide even greater financial support for the program. Participation is highly encouraged. However, lack of participation in these fundraising activities by a parent or guardian will not affect their student’s ability to participate.

If you have any questions or concerns, please feel free to contact us at any time!

Landon Hall
President
THHS Music Boosters
landon.hall@gmail.com / (949) 444-3223

Brad Pollock
Director of Instrumental Music
Trabuco Hills High School Instrumental Music Program
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**TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM
2021-2022 SCHEDULE OF ENSEMBLE CONTRIBUTIONS & COSTS**

ENSEMBLE	MARCHING UNIT** (Band, Drumline, Guard)	ORCHESTRA*	WIND ENSEMBLE* / SYMPHONIC BAND*	JAZZ ENSEMBLE	WINTER DRUMLINE	WINTER GUARD**
Annual Contribution <i>(Due at the start of the school year)</i>						
- Cash / Check		\$300	\$300	\$250		
- PayPal		\$309	\$309	\$258		
Fall Semester Contribution <i>(Due at the start of Band Camp)</i>						
- Cash / Check	\$750					
- PayPal	\$773					
Spring Semester Contribution <i>(Due at the start of the second semester)</i>						
- Cash / Check					\$650	\$650
- PayPal					\$670	\$670
Trip Costs***						
- 6-day, 5-night trip cost for the students to New York, New York						
<i>Macy's Thanksgiving Day Parade (Student)</i>						
- Cash / Check	\$2020 (approx)					
- PayPal	\$2081 (approx)					
Uniform / Concert Attire						
<i>1 Polo Shirt Required (all)</i>						
- Cash / Check	\$28	\$28	\$28	\$28		
- PayPal	\$29	\$29	\$29	\$29		
<i>Uniform</i>	MB - Gloves & Dinkles					
- Cash / Check	DL - Dinkles	Additional for	Additional for	Additional for	TBD	TBD
- PayPal	CG** - TBD	tuxedo/concert dress	tuxedo/concert dress	performance attire	TBD	TBD

* Students who have paid all costs for MB/WD/WG are exempt from the orchestra and wind ensemble/symphonic band contributions.

** Color Guard Members have additional costs for required gear and clothing accessories.

*** Elective trip costs (see Macy's Contract for complete details)

Payment & Delivery Methods		
PayPal on the Music Boosters page of the THHS Music website (thhmusic.com). You must include an additional 3% for all PayPal transactions.	Silver booster box on the wall outside of Mr. Pollock's Office in the Music Room. Checks payable to THHS Music Boosters	US Mail THHS Music Boosters PO Box 80395 Rancho Santa Margarita, CA 92688

2021-2022 THHS Instrumental Music Program Ensemble Costs and Suggested Parent Contributions

MARCHING ENSEMBLE FEE

Year-Round Cost per Marching Band Member

Ensemble	Ensemble Cost	Parent Contribution
Fall Marching Band	\$850.00	\$750.00
Marching Shoes & Gloves*	\$50.00	\$50.00
<i>Annual total per member</i>	\$900.00	\$800.00

Year-Round Cost per Color Guard Member

Ensemble	Ensemble Cost	Parent Contribution
Fall Color Guard	\$850.00	\$750.00
Fall Uniform*	\$150.00	\$150.00
Winter Guard	\$900.00	\$650.00
Winter Uniform*	\$150.00	\$150.00
<i>Annual total per member</i>	\$2,050.00	\$1,700.00

Year-Round Cost per Drumline Member

Ensemble	Ensemble Cost	Parent Contribution
Fall Marching Band	\$850.00	\$750.00
Marching Shoes & Gloves*	\$50.00	\$50.00
Winter Drumline	\$1,150.00	\$650.00
Winter Uniform*	\$150.00	\$150.00
<i>Annual total per member</i>	\$2,200.00	\$1,600.00

CONCERT ENSEMBLE FEES

Year-Round Cost per Orchestra Member (not in MB)

Ensemble	Ensemble Cost	Parent Contribution
Orchestra only	\$350.00	\$300.00
<i>Annual total per member</i>	\$350.00	\$300.00

Year-Round Cost per Wind Ensemble/Symphonic Band Member (not in MB)

Ensemble	Ensemble Cost	Parent Contribution
Wind Ensemble/Symphonic Band only	\$350.00	\$300.00
<i>Annual total per member</i>	\$350.00	\$300.00

Year-Round Cost per Jazz Ensemble Member (incremental to all ensembles)

Ensemble	Ensemble Cost	Parent Contribution
Jazz Ensemble	\$300.00	\$250.00
<i>Annual total per member</i>	\$300.00	\$250.00

* Uniform costs are estimates

+ Ensemble Cost represents the total cost to participate in the ensemble (without any fundraisers to help defray costs)

++ Parent Contribution is the amount that is asked to participate in the ensemble (with booster fundraisers helping to defray some costs)



TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC 2021-2022 SPIRIT WEAR ORDER FORM

- You can order these items all year round! ***** New students must order by July 31, 2021, to be ready for first game *****
- **Make checks payable to: THHS Music Boosters**
- **Please return form and payments at Parent Booster meeting or in silver booster box near Mr. Pollock's office**
- Clothing will be delivered to the Booster Meetings or other Music Program events as announced on the Music Program Website or via Social Media
- This form is representative of optional spirit wear costs ONLY. You will receive a separate form with trip costs and donation request
- **Questions?** E-mail Landon Hall (President) at landon.hall@gmail.com.







Student Name: _____ Date: _____







Parent Name: _____ Cash/Check #: _____

Phone: () _____ Email: _____

Circle Ensemble: Marching Unit / Orchestra / Color Guard / Drumline / Symphonic Winds Only / Jazz Only

Parent/Guardian Signature (I accept financial responsibility for all items purchased): _____

ITEM	DESCRIPTION	SIZE	PERSONALIZATION	QTY.	PRICE	TOTAL
	Navy Polo Shirt STUDENT CIRCLE style: Men's / Women's	S, M, L, XL, XXL	NO PERSONALIZATION ON STUDENT POLOS	_____	\$ 28.00	\$ _____
	Navy Polo Shirt BOOSTER CIRCLE style: Men's / Women's	S, M, L, XL, XXL add \$4	_____ Embroidery Line 1, \$7: First and/or Last Name _____ Optional Embroidery Line 2, \$2 (Ensemble)	_____	\$28.00 Add Embroidery 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____
	Ladies Scoop Neck T-Shirt	S, M, L, XL	_____ Embroidery Line 1, \$7: First and/or Last Name _____ Optional Embroidery Line 2, \$2: (Ensemble)	_____	\$21.00 Add Embroidery: 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____
	Men's Short Sleeved T-Shirt	S, M, L, XL, XXL add \$4	_____ Embroidery Line 1, \$7: First and/or Last Name _____ Optional Embroidery Line 2, \$2: (Ensemble)	_____	\$14.00 Add Embroidery: 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____
	Plaid Pajama Pants. (Junior Sizes. Adults may want to order one size up)	XS, S, M, L, XL, XXL add \$4	_____ Embroidery Line 1 \$7: First and/or Last Name _____ Optional Embroidery Line 2, \$2: (Ensemble)	_____	\$26.00 Add Embroidery: 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____
	Hooded Pullover Sweatshirt	XS, S, M, L, XL, XXL add \$4	_____ Embroidery Line 1, \$7: First and/or Last Name _____ Optional Embroidery Line 2, \$2: (Ensemble)	_____	\$26.00 Add Embroidery: 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____

	Hooded / Zipper Navy Sweatshirt	XS, S, M, L, XL, XXL add \$4	<hr/> Embroidery Line 1, \$7: First and/or Last Name <hr/> Optional Embroidery Line 2, \$2: (Ensemble)	<hr/>	\$31.00 Add Embroidery: 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____
	Bling Sweatshirts	XS, S, M, L, XL, XXL add \$4	<hr/> Embroidery Line 1, \$7: Ensemble <hr/> Embroidery Line 2 not available	<hr/>	\$60.00 Add Embroidery: 1 Line = \$7 XXL add \$4	\$ _____
	Fleece Lined Coat (Devon & Jones #D700 with music logo on front)	S, M, L, XL, XXL add \$4, XXXL add \$5	<hr/> Embroidery Line 1, \$8: First and/or Last Name <hr/> Embroidery Line 2 not available	<hr/>	\$65.00 Add Embroidery: Logo on back = \$15 Name on chest = \$8 XXL add \$4 XXXL add \$5	\$ _____
	Navy Sideline Jacket (windbreaker)	S, M, L, XL, XXL add \$4	<hr/> Embroidery Line 1, \$7: First and/or Last Name <hr/> Optional Embroidery Line 2, \$2: (Ensemble)	<hr/>	\$33.00 Add Embroidery: 1 Line = \$7 2 Lines = \$9 XXL add \$4	\$ _____
	Navy Hat		<hr/> Embroidery Line 1, \$7: First and/or Last Name <hr/> Embroidery Line 2 not available	<hr/>	\$14.00 Add Embroidery: 1 Line = \$7	\$ _____
GUARD/DRUMLINE ITEMS:						
	Drumline Black Eisenhower "Dickies" Jacket (Drumline Logo on front/back)		<hr/> First and/or Last Name <hr/> Ensemble or Instrument Name (Optional)	<hr/>	\$65.00 Embroidery Included	\$ _____
	Guard Small Navy Gear Bag		<hr/> First and/or Last Name	<hr/>	\$37.00 Embroidery Included	\$ _____
Guard 7 ft Flag/Equipment Bag Embroidered name included		One Size	<hr/> First Name only unless 2 of same name.	<hr/>	\$60.00 Embroidery Included	\$ _____
Guard Navy/White Warm Up Suit Pants and Jacket Embroidery on Pants and Jacket included		S, M, L, XL, XXL	<hr/> First and Last Name	<hr/>	\$92.00 Embroidery Included (separately \$49 for jacket, \$44 for pants)	\$ _____
TOTAL DUE:						\$ _____

TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM
2021-2022 STUDENT INFORMATION FORM

(please print clearly)

STUDENT'S INFORMATION

First & Last Name: _____

Grade: 9 10 11 12

Street Address: _____

Ensemble(s): Band Drumline Guard Orchestra Jazz

(circle all that apply)

City, State, Zip Code: _____

Instrument(s): _____

(list all that apply)

Home Phone Number: _____

Email Address: _____

(personal not SVUSD)

Cell Phone Number: _____

Measurements *(For uniform purposes; for all Marching Unit members only):*

Height _____ ft. _____ in. Weight: _____ lbs.

Shoe Size: _____ Inseam: _____ Waist: _____

MOTHER'S INFORMATION

First & Last Name: _____

Work Phone Number: _____

Cell Phone Number: _____

Email Address: _____

FATHER'S INFORMATION

First & Last Name: _____

Work Phone Number: _____

Cell Phone Number: _____

Email Address: _____

TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM

2021-2022 PARENT VOLUNTEER FORM

(please print clearly)

The Trabuco Hills High School Instrumental Music Program is one of the largest and successful groups at the school. However, the students are only able to achieve the level of success due to the efforts and talents of the parents who provide their support. We are always looking for help and we would like to solicit our membership from time to time to make use of whatever talents are available. Please place a check if you have any experience or skills sets listed below. Thank you in advance for your support!

MOTHER'S INFORMATION

First & Last Name: _____

Experience / Skill Set	YES	NO
Accounting/Bookkeeping/Finance	----	----
Auto Mechanic	----	----
Catering / Food Prep	----	----
Corporate Outreach / Donations	----	----
Data Entry	----	----
Database Design/Management	----	----
Event Planning	----	----
Fabricator	----	----
Fundraising	----	----
General Contractor	----	----
Grant Writer	----	----
Graphics / Design	----	----
Painter	----	----
Phone Trees (to call members)	----	----
Photography	----	----
Public Relations / Promotion	----	----
Publications / Newsletter	----	----
Refreshments	----	----
Travel Agent	----	----
Truck Driver	----	----
Videography	----	----
Welder	----	----

Any other skills (specify): _____

FATHER'S INFORMATION

First & Last Name: _____

Experience / Skill Set	YES	NO
Accounting/Bookkeeping/Finance	----	----
Auto Mechanic	----	----
Catering / Food Prep	----	----
Corporate Outreach / Donations	----	----
Data Entry	----	----
Database Design/Management	----	----
Event Planning	----	----
Fabricator	----	----
Fundraising	----	----
General Contractor	----	----
Grant Writer	----	----
Graphics / Design	----	----
Painter	----	----
Phone Trees (to call members)	----	----
Photography	----	----
Public Relations / Promotion	----	----
Publications / Newsletter	----	----
Refreshments	----	----
Travel Agent	----	----
Truck Driver	----	----
Videography	----	----
Welder	----	----

Any other skills (specify): _____

SVUSD ATHLETIC INFORMATION FORM

PLEASE USE BALL-POINT PEN AND PRESS HARD (YOU ARE MAKING 4 COPIES) AND PRINT LEGIBLY

A. EMERGENCY DATA

Student's Last Name _____ Legal First Name _____ "Nickname" _____ Current Grade _____

Student's Birth Date / / Student's Age as of September 1st _____ Home Telephone No. _____

Student's Street Address _____ City _____ Zip _____

****HEALTH ALERT OR RESTRICTION**** Be specific if none write "NONE": _____

CIRCLE WHOM STUDENT LIVES WITH: Both Parents / Mother / Father / Legal Guardian / Specify Other _____

Father's Last Name _____ First Name _____ Work Telephone No. _____ Home/Cell Telephone No. _____ E-Mail _____

Mother's Last Name _____ First Name _____ Work Telephone No. _____ Home/Cell Telephone No. _____ E-Mail _____

Person To Be Called if Neither Parent Is Available _____ Work Telephone No. _____ Home/Cell Telephone No. _____

B. INSURANCE VERIFICATION – CHECK APPROPRIATE LINE (1 or 2); COMPLETE ALL INFORMATION

(1) _____ I certify that my son/daughter/ward is insured for at least \$1,500 insurance protection for medical and hospital expenses resulting from accidental bodily injury while participating in, or practicing, interscholastic athletics, or while being transported to and from such events. I further assure that the insurance policy or policies I hereby verify will remain current and in force during the time the above named student performs any function within the scope of Education Code Sections 32220-24 and 35330-31 during the current school year. **If any changes occur in coverage, I understand it is my responsibility to notify the school immediately.**

Insurance Company HMO / PPO (please circle) _____ Policy Number _____

(2) _____ I have purchased private supplemental student Insurance coverage as contracted through the District Office. The High School Administration Office has insurance applications and details of coverage plans offered.

Date Form Received _____ Time Received _____ Verified _____

C. PARENT/GUARDIAN CONSENT AND AUTHORIZATION: STUDENT AGREEMENT:

I understand that sports/activities (especially contact sports) are potentially dangerous and could lead to serious injury, paralysis or death. I understand that a medical doctor will not be in attendance at practices or games. Knowing these facts, I give my consent for my son/daughter to participate in athletics and to travel with a representative of the school on team trips. In case my son/daughter is injured, I hereby authorize emergency medical treatment.

Under penalty or perjury, the undersigned resident of California hereby state and accept full responsibility for:

1. That emergency data is correct and current.
2. That insurance coverage verification is understood, correct and checked appropriately.
3. That the full content of SVUSD Athletic Code has been read is understood and all terms of this code are agreed to by student and parent/guardian (available on the website or upon request).
4. That the Parental/Guardian Agreement has been read, is agreed to and approved.
5. That parental/guardian consent and authorization for said student to participate in athletics is given.
6. That I am the parent/guardian or other person having legal custody of this minor student.

Parent/Guardian Signature _____ Date / / Student Signature _____ Date / /

OFFICE USE ONLY!!!

FALL: BCC GCC FB GGLF GTEN GVB BWP PS
 WINTER: BBB GBB BSO GSO GWP WR
 SPRING: BAS BGLF BLAC GLAC SFT BSW GSW BTEN BTR GTR BVB

FIRST DAY OF CAMP CHECKLIST

Rookie Band Camp / Band Camp / Orchestra Summer Camp

- Paperwork
 - ✓ Completed *Student Information Form*
 - Required for all students
 - ✓ Completed *SVUSD Student Athletic Information Form*
 - Required for all students
 - ✓ Completed *Clothing Order Form*
 - 1 blue polo shirt is required for all new students to the music program (2 blue polo shirts are highly recommended for marching unit members)
 - All other apparel is an optional purchase (approved outwear will be required when the weather is cool)
 - ✓ Completed *Parent Volunteer Form*
 - Required for all students
 - ✓ Completed *Pre-Participation Sports Screening Evaluation/Physical Exam Form*
 - Required for students of the Marching Unit (band/drumline/guard)
- Costs
 - ✓ Ensemble Contributions
 - Marching Band (Fall Semester) – \$750 per student
 - Percussion Ensemble (Fall Semester) – \$750 per student
 - Color Guard (Fall Semester) – \$750 per student
 - Orchestra (Full Year) – \$300 per student
 - ✓ \$28 per blue polo shirt, required for all new students to the music program
 - ✓ \$40 for dinkles, required for all new musicians to the marching unit (*not guard*)
 - ✓ \$4 for a pair of white gloves (x2), required for all brass & woodwind players
 - ✓ \$4 for a pair of white gloves, required for all percussion players
 - ✓ \$100 uniform deposit, required for all color guard members

* Please make all checks payable to **THHS Music Boosters**; please include an additional 3% for all credit card transactions

TRABUCO HILLS HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM

2021 THUNDERING MUSTANGS MARCHING UNIT & 2021 SYMPHONY ORCHESTRA ROOKIE BAND CAMP / BAND CAMP & ORCHESTRA SUMMER CAMP INFORMATION

Thundering Mustangs Marching Unit

The **2021 Rookie Band Camp** will be held on Monday, July 26, 2021 and Tuesday, July 27, 2021 from 9:00am until 1:00pm at Trabuco Hills High School. This is a **MANDATORY** camp for ALL incoming freshmen members, ALL battery members, ALL color guard members and ALL new members/marching members to the ensemble, regardless of class. For the entire day, the section leaders and the visual instructors will teach the members the fundamentals of our marching style. There will be no playing on these days, so you do not need to bring your instruments. **ALL paperwork and donations for all participants is due on the first day of camp!!!**

The **2021 Band Camp** will begin on Wednesday, July 28, 2021 and will end on Friday, August 13, 2021 at Trabuco Hills High School. Band Camp lasts from 8:00am until 5:00pm each weekday. This is a **MANDATORY** camp for ALL members of the marching unit. It is vital that everyone attends every day of camp. The typical schedule will be music rehearsals in the morning and marching rehearsals in the afternoon (*subject to change*). **ALL paperwork and donations is due on the first day of camp!!!**

We recommend the students bring these items to Rookie Band Camp / Band Camp:

- ❖ Your completed medical release form and all paperwork received via email (**MANDATORY**)
- ❖ A good, positive and open attitude
- ❖ A jug of water
- ❖ A hat or visor
- ❖ Sunglasses
- ❖ Sun Block
- ❖ A beach towel
- ❖ Flexible running or tennis shoes
- ❖ Your equipment (i.e. instrument, flag, rifle, sabre, drumsticks, etc.) in good playing condition
- ❖ A folder to hold all your music and a pencil to write with
- ❖ Lunch or money for lunch
- ❖ A "Dot Book" (contact your section leader if you do not know what this is)

Chamber Strings & Intermediate Orchestra

The **2021 Orchestra Summer Camp** will be held on Monday, July 12, 2021 through Thursday, July 15, 2021 from 10:00am until 12:00pm and Friday, July 16, 2021 from 2:00pm until 4:00pm in the Trabuco Hills High School Music Room. The camp will end with a 'Teaser Concert' on Friday, July 16, 2021 at 4:30pm in the Trabuco Hills High School Theatre. This is a **MANDATORY** camp for all members of the 2021-2022 Chamber Strings & 2021-2022 Intermediate Orchestra. Chair seatings will have been completed by this camp, so you will not want to miss out on this opportunity to play with your peers.

This information and much, much more is also available on the Trabuco Hills High School Instrumental Music website at <http://thhsmusic.com>.

If you have any questions, please feel free to contact the Music Program at thhsmusicprogram@gmail.com OR any booster board members listed in the Boosters section of the website at <http://thhsmusic.com> OR Mr. Brad Pollock at Bradley.Pollock@svusd.org.

THUNDERING MUSTANGS MARCHING UNIT

PICTURE DAY

**WEDNESDAY, SEPTEMBER 01, 2021
AT 3:00PM**

**IT IS MANDATORY
THAT YOU WEAR THE FOLLOWING
CLOTHING UNDER YOUR UNIFORM ON
PICTURE DAY:**

**LIGHT WEIGHT, DARK COLORED SHORTS,
NO BOXERS
DARK COLORED SHIRTS
WITH SHORT SLEEVES
NO SPAGHETTI STRAPS, SPORTS BRAS,
TUBE TOPS,
TANK TOPS, HALTER TOPS, ETC, ETC.**

**MARCHING BAND MEMBERS –
DON'T FORGET TO BRING
YOUR LONG, WHITE SOCKS
AND DINKLES!!!**



PRE-PARTICIPATION SPORTS SCREENING EVALUATION

Complete this Parent History Form Prior to the Physical Screening

Name: _____ Sex: ____ Age: ____ Date of Birth: _____

Grade: _____ School: _____ Sport(s): _____

Address: _____ Zip Code _____ Phone: _____

Personal Physician: _____

In case of emergency, contact:

Name: _____ Relationship: _____

Phone (H): _____ Phone (C): _____ Phone (W): _____

Explain "Yes" answers below. Circle questions you don't know the answers to.

GENERAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?		
2. Do you have an ongoing medical condition (like diabetes or asthma)?		
3. Are you currently taking any prescription or nonprescription (over-the-counter) medicines or pills?		
4. Do you have allergies to medicines, pollens, foods, or stinging insects?		
5. Have you ever passed out or nearly passed out <u>DURING</u> exercise?		
6. Have you ever passed out or nearly passed out <u>AFTER</u> exercise?		
7. Have you ever had discomfort, pain, or pressure in your chest during exercise?		
8. Does your heart race or skip beats during exercise?		
9. Has a doctor ever told you that you have (check all that apply): <input type="checkbox"/> High blood pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection		
10. Has a doctor ever ordered a test for your heart? (for example: ECG, echocardiogram)		
11. Has anyone in your family died for no apparent reason?		
12. Does anyone in your family have a heart problem?		
13. Has any family member or relative died of heart problems or of sudden death before age 50?		
14. Does anyone in your family have Marfan syndrome?		
15. Have you ever spent the night in a hospital?		
16. Have you ever had surgery?		

17. Have you ever had an injury, like a sprain, muscle or ligament tear, or tendinitis that caused you to miss a practice or game? If yes, circle affected area below:																		
18. Have you had any broken or fractured bones or dislocated joints? If yes, circle below:																		
19. Have you had a bone or joint injury that required x-rays, MRI, CT, surgery, injections, rehabilitation, physical therapy, a brace, a cast or crutches? If yes, circle below:																		
<table border="1"> <tr> <td>Head</td><td>Neck</td><td>Shoulder</td><td>Upper Arm</td><td>Elbow</td><td>Forearm</td><td>Hand/ Fingers</td><td>Chest</td> </tr> <tr> <td>Upper Back</td><td>Lower Back</td><td>Hip</td><td>Thigh</td><td>Knee</td><td>Calf/Shin</td><td>Ankle</td><td>Foot/ Toes</td> </tr> </table>	Head	Neck	Shoulder	Upper Arm	Elbow	Forearm	Hand/ Fingers	Chest	Upper Back	Lower Back	Hip	Thigh	Knee	Calf/Shin	Ankle	Foot/ Toes		
Head	Neck	Shoulder	Upper Arm	Elbow	Forearm	Hand/ Fingers	Chest											
Upper Back	Lower Back	Hip	Thigh	Knee	Calf/Shin	Ankle	Foot/ Toes											

20. Have you ever had a stress fracture?		
21. Have you been told that you have or have you had an x ray for atlantoaxial (neck) instability?		
22. Do you regularly use a brace or assistive device?		
23. Has a doctor ever told you that you have asthma or allergies?		
24. Do you cough, wheeze, or have difficulty breathing during or after exercise?		

	Yes	No
25. Is there anyone in your family who has asthma?		
26. Have you ever used an inhaler or taken asthma medicine?		
27. Were you born without or are you missing a kidney, an eye, a testicle, or any other organ?		
28. Have you had infectious mononucleosis (mono) within the last month?		
29. Do you have any rashes, pressure sores, or other skin problems?		
30. Have you had a herpes skin infection?		
31. Have you ever had a head injury or concussion?		
32. Have you been hit in the head and been confused or lost your memory?		
33. Have you ever had a seizure?		
34. Do you have headaches with exercise?		
35. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
36. Have you ever been unable to move your arms or legs after being hit or falling?		
37. When exercising in the heat, do you have severe muscle cramps or become ill?		
38. Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease?		
39. Have you had any problems with your eyes or vision?		
40. Do you wear glasses or contact lenses?		
41. Do you wear protective eyewear, such as goggles or a face shield?		
42. Are you happy with your weight?		
43. Are you trying to gain or lose weight?		
44. Has anyone recommended you change your weight or eating habits?		
45. Do you limit or carefully control what you eat?		
46. Do you have any concerns that you would like to discuss with a doctor?		
FEMALES ONLY		
47. Have you ever had a menstrual period?		
48. How old were you when you had your first menstrual period?		
49. How many periods have you had in the last 12 months?		

EXPLAIN "YES" ANSWER HERE

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.
Signature of Athlete _____ Signature of Parent/Guardian _____ Date _____



PHYSICAL EXAMINATION FORM

To Be Completed By Physician

Name: _____ Date of Birth: _____

Height: _____ Weight* _____ % Body Fat (optional) _____ Pulse _____ BP: ____/____ (____/____)

Vision: R 20/____ L20/____ Corrected: Y N Pupils: Equal _____ Unequal _____

MEDICAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Appearance			
Eyes/ears/nose/throat			
Hearing			
Lymph Nodes			
Heart			
Murmurs			
Pulses			
Lungs			
Abdomen			
Genitourinary (males only)+			
Skin			

MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Neck			
Back			
Shoulders/Ann			
Elbow/Forearm			
Wrist/Hand/Fingers			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot/Toes			

**Multiple examiners set up only*

+Having a third party present is recommended for the genitourinary examination

Allergies: _____

Notes: _____

- Cleared without restriction
- Cleared with recommendations for further evaluation or treatment for: _____
- Not Cleared for All Sports Certain Sports: _____ Reason: _____

Recommendations: _____

Name of Physician: _____

Address: _____ Phone: _____

SIGNATURE OF PHYSICIAN: _____ Date: _____

STAMP IS REQUIRED

Trabuco Hills HS Color Guard

What you will need for the Fall/Spring Season:

BY START OF PRACTICES 6/23/21

1. **Gloves:** These can be ordered online from Peacock's Marching World @ www.marchingworld.com or Amazon also has them; around \$25 (Ever-Dri Performance Gloves by DSI in tan)
2. **Knee Pads:** Athletic volleyball type
3. **Water jug:** Minimum 32oz, this is not optional. You are to have one at every rehearsal and it is not to be shared with anyone for sanitary reasons
4. **Sunblock and Chapstick:** 45+spf: for protection from the sun during summer outdoor rehearsals
5. **Sunglasses** – for protection from bright sunlight during rehearsals
6. **Baseball Cap: Required** to be worn at all outdoor daytime rehearsals
7. **Pen/pencil & notepad** – Beyond your dot book, there will be times that staff will have you do activities which require paper & writing utensil.
8. **Black & white (for rifles only) electrical tape** - Can be purchased inexpensively at Daiso, Walmart, Target, etc.
9. **Extra hair ties & Bobby pins and/or hair clips** - Your hair is to be back, off your neck, at all times; sharing is not allowed for sanitary reasons.

10. **Yoga Mat or large beach towel** – used to sit on for body warmups / stretching in the various outdoor area where we rehearse.

11. **Tissues, Band-Aids, Feminine products** - You will get injured, this is a sport, so please be prepared with some kind of small first aid kit as to not solely rely on the school's kit; example Target sells in the \$.99 travel bins. As young adults this is your responsibility to be prepared at all times.

BY END OF BAND CAMP 8/13/21

Flag bag ordered - \$60 – Needed to carry equipment

Polo shirt ordered - \$28 – Needed as music program uniform

Warm up suit ordered - \$92 – Needed as color guard uniform/protect costumes

Costume down payment due \$100 – final payment will be due prior to costumes being distributed.

BY START OF PERFORMANCES 9/17/21

12. **Field Show Shoes**: Black Jazz shoes with split soles (Capezio Show Stopper) Can be purchased at: Discount Dance Supply: Shop online at: www.discountdance.com. \$35 each, also at Amazon

13. **Body Tight**: Color: Nude. This can be also purchased at Discount Dance Supply. Used for both Seasons. \$30

14. **Show makeup** : This will be determined prior to the start of competitions and each member will need to have their own supply; sharing is not allowed, \$25

***Any Question Please email: thhs.colorguard@yahoo.com**

THHS MUSIC BINGO

WELCOME TO THHS BINGO!

It's our 11th Anniversary this year!!!! The Music Boosters started bingo as a fundraiser to help support our AWARD-WINNING MUSIC Program. It has become one of the most popular bingo sites in Orange County! **Bingo is EXCLUSIVE to the Music program. All profits go into the THHS Music program. *We anticipate this fundraiser coming back in January 2022.***

This is serious BINGO! Payouts range from \$250 - \$1,199. We average 120 players every Thursday and many of them are regulars. The players like the special attention they receive from the volunteers.

Bingo is every Thursday, 3:30 p.m. - 10:15 p.m. AS CRAZY AS IT SOUNDS . . . It takes a minimum of 30 -volunteers each Thursday night to run bingo successfully. On average we have 120 players a night! FOR REAL!!!

Why Bingo?

- Bingo started as a supplemental fundraiser for the music program. It has grown into our largest fundraiser for the THHS music program. BUT, it is not our only source of fundraising.
- The Music Director is given an annual budget from the school district to run the program. However, the district budget only covers the basic curriculum, meaning it covers basic music classes and nothing more. **It does not cover the cost of additional activities that help shape our kids and give them a robust music experience: coaches, festivals, concerts, competitions, performance events, transportation to events, family pot luck, awards dinner and so much more. These additional events are what makes the THHS MUSIC experience so impactful on our kids.**
- NOTE: Funds from BINGO support ALL Ensembles – Marching Unit, Color Guard, Percussion Ensemble, Jazz Ensemble, Symphony Orchestra, Chamber Strings, Intermediate Orchestra, Wind Ensemble, Symphonic Band

How can I help?

- No Joke! We need 30 volunteers each Thursday night, but not all night.
- Help is needed from 3:30-10:30pm. There are many jobs and shifts. You can see the many shifts online once it comes back.
- There are many positions and shifts that need coverage. The Opening and Closing Shifts are the hardest to get coverage.
- HEY, we need a couple of Dad's that can come in to set up the audio, boards and caller table at 3:30. THIS IS A MUST!
- No experience is necessary, just a friendly attitude and willingness to help.
- **If one parent from all ensembles works 1 shift at bingo once a month, we will always be fully covered.**

What should I expect?

- To Have Fun while meeting people and helping our kids' music program
- You will be moving, so wear comfortable shoes.
- Never worked Bingo? No worries! Training is available.

MORE DETAILS TO COME LATER THIS YEAR – AS WE PREPARE FOR A JANUARY 2022 RETURN

Join us for the first
Parent Meeting
of the 2021-2022 school year

TUESDAY, JULY 20, 2021

THHS MPR

7:00pm

(room is located near Los Alisos Blvd & Santa Margarita Pkwy)

*** In adherence to SVUSD health and safety protocols, masks must be worn at all times while on campus ***

We request that every family attend
this meeting to learn the plans for the year
and get answers to all your questions.

This is an important
meeting to start the year off right!

*NOTE: This is a departure from the usual recurrence of the Parent Meeting,
which is held on the third Tuesday of every month at 7:00pm.